

Coach's Code

Become familiar with current coaching and teaching techniques
Make EVERY player feel an important part of the game
Be knowledgeable of the rules of the game
Set clear and reasonable expectations
Be courteous and polite
Teach the fundamentals of the game
Demonstrate poise, self-control and self-confidence
Be open-minded
Model good sportsmanship
Communicate appropriately with players and parents
Be a good role model

Model a high level of respect for volunteers, referees, and umpires
Remember that the game is for the players

Player's Code

Play the game for the game's sake
Be fair always, no matter what
Obey the rules of the game
Be generous when you win
Be graceful when you lose
Accept officials' decisions with good grace
Work for the good of your team
Believe in the honesty of your opponents
Honestly and wholeheartedly applaud the efforts of your
Teammates and opponents

Parent's Code

Make athletic participation for your child and others a positive experience
Children have more need of good examples than criticism
Strive to relieve the pressure of competition, not increase it
Applaud good plays and players by your team and by opposing teams
The opponents are necessary friends without whom your child could not participate
Be kind to your child's coach and to the officials
Do not openly question the judgment or the honesty of the official
Accept the results of each game
Encourage your child to be gracious in victory, and to turn
defeat into victory by working towards improvement.

Coach's Responsibilities

Please remember that these are guidelines for you to follow. Coaching is a very hard job. You are a teacher of sports. Whether it is for volleyball, softball, basketball, cross-country or track, student/players will look to you for guidance. Remember that you, too, have a responsibility to your community, school, the team members, parents, and yourself. ***If you want “classy” behavior from your athletes, set the example yourself and insist that everyone meet the expectations.***

Teach your athletes how to win and lose with “class”. ***Set the example yourself.*** You have a great influence and impact on young participants. Control your emotions!! It really is only a game!

Re-confirm your games with coaches from other schools prior to the actual game day. This saves confusion and potential problems, and serves as a good communicator with parents in the event of a cancellation.

Do not leave games or practice sessions until team participants have all safely departed or have been picked up by the proper adult.

The Athletic Director is in charge of making sure you get the proper game schedules. The AD is NOT your personal secretary. It is up to you to get the proper paperwork to your team members and parents.

Coaches are hired for one season. It is not a permanent appointment. It is the Superintendent/Principal's responsibility to appoint coaches for each sport.

A. Pre-season meeting with parents and students

1. Must obtain written parent permission for student participation
2. Medical releases, plus photocopies of Emergency Information must be obtained AND in the possession of the coach before the start of season. Said forms must be in possession during all games and practices.
3. Must get Student Leader/Athlete Contract signed by parent and student

(Examples of above forms are included in this packet)

B. Bi-monthly eligibility checks:

1. Player is responsible to have eligibility slip filled out bi-monthly and Given to the principal—if not done player is automatically ineligible
 - a. Student must maintain an overall “C” average in core academic subjects to maintain eligibility – an “F” grade in any subject will result in the player being ineligible until the grade is raised and the overall average is “C”.
 - b. The second time a player is deemed ineligible they become ineligible for the remainder of the season.

C. Practices

1. Coach must set up and be in attendance at all practices

D. Scheduling/changes

1. Availability of the gym must be checked – so as to avoid interfering with regular classroom activities – master calendar in the office must be kept up to date.
2. Practice schedules must be set up at the beginning of each season.
3. Coaches are responsible for distributing the seasons' schedules and for keeping parents informed of any changes (basic league schedules will be developed by league officials)
4. Must inform Athletic Director and the main office of all changes

E. Games

Coach must play each eligible player 3 minutes per half during league play. During tournament play, it is up to the discretion of coach who plays. Players are not guaranteed playing time in a tournament.

1. Home Games

- a. Coaches must be prepared with ball, book, bookkeeper, one official, clock set-up, scorekeeper, net set-up, bases and binder of permission slips, Emergency Information, medical releases and player sign out sheets.
- b. Make sure parents and players clearly understand arrival time—one-half hour prior to game time
- c. Coaches, players and parents are responsible for cleaning up the gym/baseball field and stands after every home game.

2. Away Games

- a. Balls, book, bookkeeper, one official, first aid kit, and binder of permission slips, Emergency Information, medical releases and player sign out sheets.
- b. Make sure parents and players clearly understand arrival time – one-half hour before game time.

3. Tournaments

- a. Balls, book, bookkeeper, first aid kit and binder of permission slips, Emergency Information, medical releases and player sign out sheets
- b. Make sure parents and players clearly understand arrival time and have directions to tournament gyms
- c. Meet with players and parents after each game to establish arrival time prior to next game – at least one-half hour

F. Release of Students

1. Students are to remain in the custody of their coach after every game until checked out by the parent/guardian or assigned adult

G. Transportation

1. No parent may transport a player without first filling out the required

- insurance documents for the school (see attached example)
2. No child may be released to anyone other than their own parents without prior permission
 3. No child may ride with anyone other than their own parents unless there is prior written consent and the adult they are riding with has complied with all the insurance information.
 4. At away games, you MUST require any parent providing transportation home to children other than their own, to sign them out. See attached *Assignment of Transportation to Athletic Events*.

H. Distribution of Uniforms/Charting/Accountability

1. Coaches must check uniforms out to students by number, keeping track of which player has which uniform.
2. Coaches must have an extra uniform available for all home and away games
3. Coaches are responsible for collecting all of the uniforms and turning them in within one week of the end of the season.
4. Coaches must inform parents that if uniforms are not turned in, said parent will be responsible for the cost of the replacement of said uniform.

I. Paperwork

1. Coaches must hold current first aid and CPR cards
2. Coaches must have current fingerprints on file

J. Settling of Disagreements

1. Disagreements arising during the season should be settled as peacefully, rationally and swiftly as possible.
2. Principal/Superintendent will assist at any point in time

K. Coaches are not responsible for the actions of parents/spectators

1. Game officials and on-site administrators/athletic directors are responsible for crowd control

L. GOOD SPORTSMANSHIP must prevail at all times

M. Reimbursement and Mileage

1. Coaches are paid a stipend at the end of each season. The stipend varies according to the length of each sport.
 - Softball, volleyball, cross-country, and track coaches will receive a stipend of \$400.
 - If the volleyball coach is responsible for two teams, the total stipend will be \$550.
 - Basketball coaches will receive a stipend of \$700.
2. Mileage will be paid to basketball coaches for trips to Crescent City, Trinity Valley, and Sacramento.