

February

Monday

1 Hamburger/Bun
BAKED BEANS
(VEGETARIAN)
Fruit Salad
Salad Bar
Milk

8 Catch of the Day
Casserole
PB & J
Salad Bar
Fresh Fruit
Milk

15 No School

22 Eggroll, Vegetarian
FRIED RICE
Salad Bar
Fresh Fruit
Milk

Tuesday

2 Mac & Cheese
Hot Vegetable
Salad Bar
Fresh Fruit
Milk

9 Burrito
Chips & Salsa
Salad Bar
Fresh Fruit
Milk

16 No School

23 PIZZA WITH CHEESE
TOPPIN
PASTA SALAD
Salad Bar
Fresh Fruit
Milk

Wednesday

3 CHICKEN NOODLE
SOUP
breadstick
Yogurt, 4 oz
Salad Bar
Fresh Fruit
Milk

10 CHILI CON CARNE W/
BEANS
Vegetable Chili
Corn Muffin
Salad Bar
Fresh Fruit
Milk

17 No School

24 Ravioli Vegetable Soup
breadstick
PB & J
Salad Bar
Fresh Fruit
Milk

Thursday

4 Taco Bar
Beans and Rice
Salad Bar
Fresh Fruit
Milk

11 Hot Dog/Bun
PB & J
POTATO SALAD
Salad Bar
Fresh Fruit
Milk

18 No School

25 Chicken Nuggets
Yogurt, 4 oz
Caesar salad
Salad Bar
Fresh Fruit
Milk

Friday

5 Mini Corn Dogs
PB & J
Baked Fries
Salad Bar
Fresh Fruit
Milk

12 CHICKEN FAJITAS
Beans and Rice
Salad Bar
Fresh Fruit
Milk

19 No School

26 Deli Sandwich
EGG SALAD
SANDWICH
Salad Bar
Fresh Fruit
Milk

Nutrients

Cal 660
T.Fat 20.31 G
S.Fat 6.6 G
Chol 46.7 Mg
Sodm 1000.96

Cal 659
T.Fat 17.87 G
S.Fat 4.5 G
Chol 41.3 Mg
Sodm 970.85

Cal 645
T.Fat 17.07 G
S.Fat 4.5 G
Chol 49.1 Mg
Sodm 913.79

