

# Mattole Unified

## MATTOLE UNIFIED SCHOOL DISTRICT

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 HAMBURGER ON A BUN FRENCH FRIES SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole PIZZA CASSEROLE	Feb - 2 PIZZA WITH CHEESE TOPPI SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 3 NACHOS WITH GROUND BE NACHO CHEESE SAUCE SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat
Feb - 6 BEEF BARLEY VEGETABLE CRACKERS SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 7 TRINIDAD STEWED CHICKE RICE, Cooked White SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 8 TEXAS PULLAPART PORK S FRENCH FRIES SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 9 CHEESE QUESADILLA SPANISH RICE SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 10 Deli Sandwich, Mattole SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat
Feb - 13 LASAGNA W/ GRND PORK & ROLLS (YEAST) SALAD, TOSSED MILK, Whole MILK, 1% Lowfat	Feb - 14 TOMATO SOUP CRACKERS SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 15 BLT WRAPS SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 16 SHEPHERD'S PIE SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 17 TACO SOUP SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat
Feb - 20 Feb - 27 CLAM CHOWDER SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 21 Feb - 28 MEAT LOAF MASHED POTATOES SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 22 Feb - 29 PESTO PASTA SALAD, TOSSED SALAD DRESSING, CHOICE FRUIT- CHOICE MILK, Whole MILK, 1% Lowfat	Feb - 23	Feb - 24

THE FOOD PROGRAM IS AVAILABLE WITHOUT CHARGE TO EVERYONE REGARDLESS OF RACE, COLOR, NATIONAL ORIGIN, AGE, SEX, OR DISABILITY

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**