

Elementary School Survey**2010–2011**

This survey is voluntary. **You do not have to complete this survey**, but we hope that you will. We need your help!

Your answers will improve health programs.

Please do not write your name on this form or the answer sheet. No one but you will know how you answer these questions.

Please mark only one answer for each question on the answer sheet. Fill in the bubbles neatly with a **#2 pencil**. Please do not write on the survey questionnaire.

Please read every question carefully. Mark one choice on your answer sheet for each question.

Thank you for taking this survey!

First, write your SCHOOL NAME on the top of the answer sheet.

1. **Fill in the bubble for number “3.”**

2. **How old are you?**
 - A) 7 years old, or younger than 7
 - B) 8 years old
 - C) 9 years old
 - D) 10 years old
 - E) 11 years old
 - F) 12 years old
 - G) 13 years old, or older than 13

3. **Are you female or male?**
 - A) Female
 - B) Male

4. **What grade are you in?**
 - A) 3rd grade
 - B) 4th grade
 - C) 5th grade
 - D) 6th grade

5. **During the past year, how many times have you moved (changed where you live)?**
 - A) 0 times
 - B) 1 time
 - C) 2 or more times

6. **Did you eat breakfast this morning?**
 - A) No
 - B) Yes

7. **When you ride in a car do you wear a seat belt?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
8. **When you ride a bicycle do you wear a helmet?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
 - E) I do not ride a bicycle

The next questions ask about your school.

9. **Do you feel close to people at school?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
10. **Are you happy to be at this school?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
11. **Do you feel like you are part of this school?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

12. Do teachers treat students fairly at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
13. Do you help make class rules or choose things to do at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
14. Do the teachers and other grown-ups at school care about you?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
15. Do the teachers and other grown-ups at school tell you when you do a good job?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
16. How well do you do in your schoolwork?
- A) I'm one of the best students
 - B) I do better than most students
 - C) I do about the same as others
 - D) I don't do as well as most others
17. Do the teachers and other grown-ups at school listen when you have something to say?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

18. Do the teachers and other grown-ups at school believe that you can do a good job?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
19. Do you do things to be helpful at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
20. Do you plan to go to college or some other school after high school?
- A) No
 - B) Yes

Here are questions about events that may happen at school and after school.

21. During the past year, how many times have you hit or pushed other kids at school when you were not playing around?
- A) 0 times
 - B) 1 time
 - C) 2 times
 - D) 3 or more times
22. During the past year, how many times have you spread mean rumors or lies about other kids at school?
- A) 0 times
 - B) 1 time
 - C) 2 times
 - D) 3 or more times

23. Do other kids hit or push you at school when they are not just playing around?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
24. Do other kids at school spread mean rumors or lies about you?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
25. Do other kids at school spread mean rumors or lies about you on the internet (i.e. Facebook™, MySpace™, email, instant message)?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
26. During the past year, did you ever bring a gun or knife to school?
- A) No
 - B) Yes
27. During the past year, have you ever seen another kid with a gun or knife at school?
- A) No
 - B) Yes
28. Are you home alone after school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

29. **Do you feel safe at school?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
30. **Do you feel safe outside of school?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

The next questions are about cigarettes, alcohol, and other drugs.

31. **Have you ever smoked a cigarette?**
- A) No
 - B) Yes, I smoked part of a cigarette, like one or two puffs
 - C) Yes, I smoked a whole cigarette
32. **Have you ever chewed tobacco or snuff (dip)?**
- A) No
 - B) Yes
33. **Have you ever drunk beer, wine, or other alcohol?**
- A) No
 - B) Yes, I drank one or two sips
 - C) Yes, I drank a full glass
34. **Have you ever sniffed something through your nose to get “high?”**
- A) No
 - B) Yes
35. **Have you ever smoked any marijuana (pot, grass, weed)?**
- A) No
 - B) Yes
 - C) I don't know what marijuana is

36. Have you ever used alcohol or an illegal drug like marijuana before school or at school?
- A) No
 - B) Yes
37. Do you think smoking cigarettes is bad for a person's health?
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad
38. Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad
39. Do you think using marijuana (pot, grass, weed) is bad for a person's health?
- A) No, not bad
 - B) Yes, a little bad
 - C) Yes, very bad
 - D) I don't know what marijuana is
40. In the past month, did you drink any beer, wine, or other alcohol?
- A) No
 - B) Yes, I drank one or two sips
 - C) Yes, I drank a full glass
41. In the past month, did you smoke a cigarette?
- A) No
 - B) Yes

Below are questions about your health and things you might do.

42. Do you try to understand how other people feel?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

43. Do you feel bad when someone else gets their feelings hurt?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
44. Do you know where to go for help with a problem?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
45. Do you try to work out your problems by talking or writing about them?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
46. Do you try to do your best?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
47. Do you have goals and plans for the future?
- A) No
 - B) Yes
48. Do you think you are too skinny, about right, or too fat?
- A) Too skinny
 - B) About right
 - C) Too fat
49. Are you doing anything to try to lose weight?
- A) No
 - B) Yes

50. Have other kids at school ever teased you about what your body looks like?
- A) No
 - B) Yes
51. How many days each week do you exercise, dance, or play sports?
- A) 0 days
 - B) 1 day
 - C) 2 days
 - D) 3 days
 - E) 4 days
 - F) 5 days
 - G) 6 or 7 days
52. When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?
- A) No
 - B) Yes
53. Has a parent or some other adult ever told you that you have asthma?
- A) No
 - B) Yes
54. Yesterday, how much time did you spend watching TV or playing video games?
- A) None, I didn't watch TV yesterday
 - B) Less than 1 hour
 - C) About 1 hour
 - D) About 2 hours
 - E) 3 or more hours

The next two questions ask about your friends.

55. Do your best friends get into trouble?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

56. Do your best friends try to do the right thing?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

Here are questions about your home.

57. Does a parent or some other grown-up at home care about your schoolwork?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
58. Does a parent or some other grown-up at home believe that you can do a good job?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
59. Does a parent or some other grown-up at home want you to do your best?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
60. Does a parent or some other grown-up at home listen when you have something to say?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

61. **Do you help at home?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
62. **Do you get to make rules or choose things to do at home?**
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
63. **Did you understand the questions on this survey?**
- A) No, none of them
 - B) Yes, some of them
 - C) Yes, most of them
 - D) Yes, all of them
64. **Did you answer the questions on this survey honestly and truthfully?**
- A) No, none of them
 - B) Yes, some of them
 - C) Yes, most of them
 - D) Yes, all of them
65. **What language do you usually speak at home?**
- A) English (or mostly English)
 - B) Spanish (or mostly Spanish)
 - C) Other

▲ Module G ▲

Sonoma/Humboldt County CHKS Consortium Module (SCCCM) 2011-12

- G66. What activities would you like to do after school? (*Mark ALL that are true for you.*)
- A) Do sports and recreation activities
 - B) Have lessons in arts, music, dance, and drama
 - C) Volunteer to help others, animals, or the environment
 - D) Get help with schoolwork
 - E) Attend youth clubs and centers
 - F) None of the above
- G67. Where do you usually go right after school is over? (*Mark only ONE answer.*)
- A) Your home, or another home (such as a friend, relative, neighbor), with an adult there.
 - B) Your home, or another home, without an adult there
 - C) A park program or recreation program
 - D) A community or church group
 - E) Stay at school for an after-school program
 - F) Stay at school for tutoring or a special class
 - G) Some other place
- G68. What do you usually do after school is over? (*Mark ALL you do for about an hour or more.*)
- A) Do your schoolwork (homework or studying) or get help with it (tutoring)
 - B) Take private classes or lessons such as art, music, or dance
 - C) Play or practice a sport
 - D) Hang out with friends (talking, playing games, going to the mall or a movie)
 - E) Watch TV or play video games
 - F) Do religious activities or get religious instruction
 - G) Other
- G69. If your school has an after-school program, please mark whether you agree with each of the following statements. (*Mark ALL that are true for you.*)
- A) My school doesn't have an after-school program
 - B) I don't know much about the after-school program
 - C) The after-school program doesn't interest me
 - D) It is a safe place to be after school
 - E) It helps you with schoolwork
 - F) The students really like it
 - G) I would like to go to it

G70. In a normal school week, how many days do you usually go to your school’s after-school program in the afternoon?

- A) 0 days
- B) 0 days, but I would like to go
- C) 1 day
- D) 2 Days
- E) 3 days
- F) 4 days
- G) 5 days

Number of Days

0	1	2	3	4	5	6	7
A	B	C	D	E	F	G	H

G71. On how many of the past 7 days did you exercise or do physical activity for at least 20 minutes that made you sweat and breathe hard? (For example, basketball, soccer, running, swimming laps, fast bicycling, fast dancing or similar aerobic activities.)

Number of Times

0	1	2	3	4	5 or more
A	B	C	D	E	F

G72. During the past 24 hours (yesterday) how many times did you drink soda pop?

G73. During the past 24 hours (yesterday) how many times did you eat fruit? (Do not count fruit juice)

G74. During the past 24 hours (yesterday) how many times did you eat vegetables? (Include salads and non-fried potatoes)

Number of Days

0	1	2	3	4	5
A	B	C	D	E	F

G75. In an average week, on how many days do you have physical activity in your physical education class (PE or gym)?

Number of Minutes

I do not take PE	Less than 10	10-20	21-30	More than 30
A	B	C	D	E

G76. During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?

G77. During the past 12 months, did you have a regular check up with a doctor when you were not sick or injured?

- A) No
- B) Yes

G78. During the past 12 months, did you visit a dentist for an examination, teeth cleaning, or dental work?

- A) No
- B) Yes

Number of Times

0	1	2-3	4 or more
A	B	C	D

G79. During the past 12 months, how many times have you been physically hurt or threatened going to or from school?

A	B	C	D
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G80. During the past 12 months, how many times have you used any weapon to threaten or bully someone?

No	Yes	Don't Know
A	B	C

G81. If you wanted to get a gun (such as a handgun, rifle, or shotgun), could you get one?

A	B	C
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G82. Would any of the adults you know be okay with you hanging out with gang members?

G83. Have you *ever* hung out with gang members?

- A) No
- B) Yes

G84. Do you consider yourself a gang member?

- A) No
- B) Yes

G85. Why did you join the gang? (*Mark ALL that apply.*)

- A) I have never been a member of a gang
- B) For fun
- C) For protection
- D) A friend or relative was in the gang
- E) I felt I had to join
- F) To get respect or fit in better
- G) For money
- H) Other reason(s)