

South Fork High Boys All-Time Top 10

4 x 100 Relay

add .14 to hand time.

+ = yd to M (-.2)

1	44.54+	B. Tucker (12), B. Mallo (12), C. Fleming (12), L. Anzini (12)		'68
2	44.94	W. Darnall (12), K. Swithenbank (11), R. Darnall (11), D. Perkins (12)		'81
3	45.24	A.J. Moore (12), T. Morrow (11), D. Lockhart (12), T. Anderson (12)		'05
4	45.44	R. Eldridge (12), C. McCraner (11), R. Whitlow (11), K. Bowlds (12)		'76
5	45.62a	O. Godoy (12), T. Alleyne (12), S. Henderson (12), N. La Rue (11)		'03
6	45.74+	L. Brockway (12), Mike Eldridge (11), R. Whitlow (12), C. McCraner (12)		'77
7	45.79a	B. Manus (11), N. Anderson (11), J. Strange (10), A. Clary (11)		'08
8	45.81a	A.J. Moore (11), T. Morrow (10), D. Lockhart (11), T. Anderson (11)		'04
9	46.04	D. Perkins (11), K. Swithenbank (10), J. Nichols (9), G. French (11)		'80
10	46.14+	Martin Eldridge (11), B. Sanders (11), D. Perkins (9), P. Metcalfe (11)		'78
	46.14	B. Manus (10), N. Anderson (10), Z. Harrison (12), A. Clary (10)		'07

4 x 400 Relay

add .14 to hand time.

+ = yd to M (-1.1)

1	3:27.24	R. Darnall (11), K. Swithenbank (11), R. Gobin (11), D. Perkins (12)		'81
2	3:27.54+	K. Bowlds (12), C. McCraner (11), R. Eldridge (12), R. Whitlow (11)	#	'76
3	3:28.61a	W. Moore (12), T. Alleyne (12), N. La Rue (11), A. Jackson (12)	#	'03
4	3:28.63a	W. Moore (11), D. Constable (12), N. La Rue (10), A. Jackson (11)	#	'02
5	3:31.64	K. Swithenbank (12), A. Morris (11), B. Strayer (12), R. Gobin (12)		'82
6	3:32.14	J. Ausiello (11), R. Gobin (10), R. Darnall (10), D. Perkins (11)		'80
7	3:34.64+	D. Klacik (11), Mike Eldridge (11), R. Whitlow (12), C. McCraner (12)		'77
8	3:34.94+	C. Fleming (12), L. Anzini (12), B. Mallo (12), B. Tucker (12)		'68
9	3:36.71a	F. Storre (10), J. Strange (10), A. Clary (11), M. Radenbaugh (12)		'08
10	3:36.94	D. Perkins (10), K. Swithenbank (9), C. Brannan (12), Martin Eldridge (12)		'79

100

+ = yd to M (+1.0)

add .24 to hand time.

1	11.04	Trevor Anderson	'05
2	11.24+	Sheldon Parkinson	'67
3	11.24+	Larry Anzini	'68
4	11.24+	Don Perkins ##	'81
5	11.34+	Doug Stillwell #	
6	11.34	Oscar Godoy	'03
7	11.34	Austin Clary	'08 *
8	11.37a	Devon Lockhart	'05
9	11.44	Cliff Fleming	'68
10	11.54+	Kevin Mallo	'70
	11.54+	Rod Eldridge	'76
	11.54+	Rick Whitlow	'77
	11.54	Brett Manus	'08 *

400

+ = yd to M (-.3)

add .14 to hand time.

1	49.94+	Bruce Tucker	'68
2	50.04+	Sheldon Parkinson	'67
3	50.24	Robert Gobin #	'82
4	50.64	Don Perkins	'81
5	51.24	Anzania-Lin Jackson ##	'03
6	51.64	Ken Swithenbank	'82
7	51.84+	Rick Whitlow	'76 *
8	51.84+	Clay McCraner	'77
9	52.14	Thomas O'Kane	'93
10	52.24+	Allen Swithenbank	

200

+ = yd to M (-.1)

add .24 to hand time.

1	22.44+	Don Perkins	'81
2	22.74+	Rod Eldridge	'76
3	22.94+	Larry Anzini	'68
4	23.24+	Sheldon Parkinson	'67
5	23.44+	Rick Whitlow	'77
6	23.44	Ken Swithenbank	'81 *
7	23.64+	Paul Metcalfe	'79
8	23.64	Oscar Godoy	'03
9	23.64	Trevor Anderson	'04 *
10	23.64	Austin Clary	'08 *

800

+ = yd to M (-.7)

add .14 to hand time.

1	1:55.64	Robert Gobin #	'82
2	1:57.04a	Thomas O'Kane	'93
3	1:59.92a	Michael Radenbaugh ##	'08
4	2:00.62a	Eric Graham	'84 **
5	2:01.65a	Nick La Rue	'02 **
6	2:02.04+	Rio Anderson	'91
7	2:02.65a	Hank Carl	'08
8	2:03.54+	Art Bruga	'65
9	2:04.24	Anzania-Lin Jackson	'03
10	2:04.34	Will Moore	'03

1600

+ = yd to M (-1.6)

add .14 to hand time.

1	4:22.14a	Rio Anderson	##	'91
2	4:22.39a	Michael Radenbaugh		'08
3	4:25.58a	Hank Carl	#	'08
4	4:28.14	Chris Schille	#	'82 **
5	4:33.94	Gene Cotter		'90
6	4:34.84	Steve Graham		'84
7	4:36.14	Thomas O'Kane		'93
8	4:38.64	Eric Graham		'86
9	4:40.24	Walt Morris		'81
10	4:40.86a	Lucas Wilhelm		'08 *

3200

+ = yd to M (-3.4)

add .14 to hand time.

1	9:33.74	Chris Schille	#	'82 **
2	9:41.64+	Rio Anderson	#	'90 *
3	9:42.14	Dillon Wyant		'01 *
4	9:49.84	Hank Carl	#	'07 *
5	9:51.34+	Gene Cotter		'90
6	10:06.64+	Steve Graham		'83 *
7	10:12.14+	Cory Smith		'92 ***
8	10:15.44+	Carl Richardson		'68
9	10:23.24	Walt Morris		'80 *
10	10:29.34	Andy Neyman		'82

110 High Hurdles

add .24 to hand time.

1	15.24	Ken French		'71
2	16.24	Chris Chavez		'87 *
3	16.34	Tim Cory		'85
4	16.44	Rick Whitlow		'77
5	16.54	Dan Constable		'02
6	16.78a	Lance Lair		'08
7	16.94	Gerry Hocum		'81
8	17.04	Robert Mulder		'78 *
9	17.14	John Venberg		'78
10	17.14	Mike Wilson		'85 **
	17.14a	Jon Prince		'96

300 Int. Hurdles

add .24 to hand time.

1	42.24	David Lockhart		'84
2	42.94	Chris Chavez		'87 *
3	43.04	Tim Cory		'85
4	43.14	Dan Constable		'02
5	43.54	Jon Prince		'95 *
6	43.54	Lance Lair		'08
7	43.64	Adam Eastham		'02 *
8	45.64	Kyle Terrell		'06
9	45.83a	Sam Henderson		'03
10	45.97a	Tyson Young		'99

Shot (#12)

1	49-07	Vern Bonham		'74
2	49-03.75	Barry Strayer		'82
3	49-02	Bud Lair		'82
4	48-09	Lonny Whitlow		'03
5	47-11	Martin Stockle		'66
6	47-01	Tony Lewis		'76
7	45-09	Brian Stephens	#	'86
8	45-03.25	Tyson Young		'99
9	45-01.5	Devon Lockhart	#	'05
10	44-01	Ryan Baxter		'93

Discus (1.6 kg.)

1	175-00	Lonny Whitlow	##	'03
2	155-03	Barry Strayer	#	'82
3	148-04	Casey Finch	#	'08 *
4	144-08	Ryan Baxter		'93
5	138-08	Josh McDonald	#	'08
6	137-03	Doyle Womack		'74
7	136-02	Tony Lewis		'76
8	135-06	Bud Lair		'82
9	135-05	Fred Smith		'76
10	133-07	Derek Lockhart		'07

Long Jump

1	21-11	Tim Abena		'64
2	21-10	Rick Whitlow	#	'76 *
3	21-08	Will Darnall		'81
4	21-05	Jim Allen		'66
5	21-04	Ray Maher		'66
6	21-01	John Denny		'77
7	20-08.5	Todd Early		'93
8	20-06.5	Devon Lockhart	##	'05
9	20-02	Barry Strayer		'82
10	20-01.25	Taylor Morrow		'06

Triple Jump

1	42-10	Will Darnall		'81
2	41-09	Todd Early		'93
3	41-08.5	Jerry Jensen		'75 *
4	41-00.5	Chris Chavez		'86 **
5	40-10	John Denny		'77
6	40-07	Robert Gobin		'82
7	40-06	Kevin Green		'80
8	40-06	John Venberg		'76 **
9	39-09.5	Tony Prisco	#	'84
10	39-09.5	Rob Darnall		'80 **

High Jump

1	6-05	Scott Tucker	##	'89 *
2	6-04	Derek Olsen	#	'94
3	6-03	Josh Andersen	#	'02
4	6-02	Kevin Green		'80
5	6-02	Ben Fordham		'92
6	6-01	Darren Olsen		'95 **
7	6-00.25	Chris Chavez		'86 **
8	6-00	Mike Wall		'73 **
9	6-00	Clay McCraner		'77
10	6-00	Tim Cory		'84 *

* = Junior

** = Sophomore

*** = Freshman

 = new or improved Top 10 mark.

a = Auto Timing

Hand time conversions to Auto equivalents:

100, 200, 110 H.H., 300 I.H. converted by adding (+.24) ie: 10.8h = 11.04a

400 R., 1600 R., 400, 800, 1600, 3200 converted by adding (+.14) ie: 44.4h = 44.54a

Pole Vault

1	14-00	Todd Early	##	'93
2	12-08	Sam Henderson		'02 *
3	12-06	Steven Earley		'87
4	12-06	Jason Bowman		'96
5	12-06	Ed VandenBossche		'02
6	12-00	D.J. Miclette		'81
7	12-00	Mark Arroyo		'89
8	12-00	A.J. Moore		'04 *
9	11-09.75	Brad Sanders		'78
10	11-08.5	Lee Brockway		'77

Revised: 5/23/08

= All-County Champions

+ = converted from (yard) race.

() = time used to convert from yards.

