

## **HCOE HEALTH TEAM RESOURCE LIBRARY**

To arrange to borrow any of the items below, please call 445-7051.

### **VIDEOS/CASSETTE TAPES:**

Asthma/Allergies  
Drugs & Cutting  
First Aid  
Head Lice  
Immunizations  
Safety Belts

### **TAPES:**

A-D Psychosocial Issues  
Autism Spectrum Disorders & Treatments  
Diagnosis/Treatment  
    Depression in Children & Adolescents  
Differential Diagnosis & Treatment of ADHD  
    And Bipolar Disorders in Children  
Eating Disorders Awareness  
Fit or Fat: Obesity  
Geena's Tremendous Tooth Adventure  
    (7 minute video - 90 second Crest commercial)  
Marijuana: The Forgotten Weed  
Obesity/Diabetes

### **CDs**

Decisions for Health -Audio CD Program (40 mins each)  
    Health & Wellness  
    Successful Decisions & Goals  
    Building Self-Esteem  
    Physical Fitness  
    Nutrition & Your Health  
    A Healthy Body, a Healthy Weight  
    Mental & Emotional Health  
    Managing Stress  
    Encouraging Healthy Relationships  
    Conflict & Violence  
    Teens & Tobacco  
    Teens & Alcohol  
    Teens & Drugs  
    Infectious Diseases  
    Noninfectious Diseases & Disorders  
    Your Changing Body  
    Your Personal Safety

### **HEALTH TEXTS**

A Pictorial Guide to Common Childhood Illnesses  
Attention Deficit H. Disorder  
Ageless Body, Timeless Mind  
Breast Cancer  
Child Health Care  
Coping with Color Blindness

Coping with the Common Cold  
Diabetic Guidelines/Green Book  
Family-Centered Nursing Care of Children  
Gray's Anatomy (2)  
How We Die  
Humboldt County Stats:  
    Childhood Injury  
    Methamphetamine  
Nutrition  
    Nutrition/Menopause  
    Sugar Blues  
    Low Salt/Low Cholesterol  
Raising Cain - The Emotional Life of Boys  
Reviving Ophelia - The Emotional Life of Girls  
Taking Care of Your Child  
Tea Tree Oil  
The Gift of Fear - Women's Safety

### **PAMPHLETS**

Bird Flu  
Blood-borne Pathogens  
Burns  
Common Skin Diseases  
Communicable Disease Fact Sheets  
Don't Believe in Immunizations? (Facts for Parents)  
Exercise  
Food Allergies  
Frostbite  
Head Lice  
Healthy Kids Insurance  
Heart Health  
Hemophilia  
Insect Stings  
Insect Stings/Lyme's Disease  
Kids & School  
Medic-Alert  
Medications  
Mental Health / Cutting  
Nutrition/Wellness  
Parenting Tips  
Poison Oak  
Poison Prevention/ Poisonous Plants  
Rescue Ready  
Reye's Syndrome  
School Preparedness  
Skin Care  
Sun Safety  
Tattoos  
Work & Illness